

Imperial College Healthcare NHS Trust
Hammersmith Hospital
London
W12 0HS

21 March 2020

Advice and management plans for transplant patients about COVID-19

Dear Patient,

Your renal transplant team are working to make sure you receive the appropriate care during the COVID-19 outbreak.

GENERAL ADVICE

Our advice is to follow the guidance as outlined by Public Health England. Three useful resources are:

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

<https://www.kidneycareuk.org/news-and-campaigns/coronavirus-advice/> (for specific advice for renal patients).

<https://www.imperial.nhs.uk/> (Imperial College NHS Trust Website for Trust specific advice)

PLEASE DO NOT COME TO CLINIC

1. If you have any symptoms of COVID-19 (high fever, cough shortness of breath), please contact NHS 111
2. If you have had contact with a COVID-19 positive person (confirmed) but remain well. Please let the transplant clinic know using the e-mail address below.

TRANSPLANT OUTPATIENTS APPOINTMENTS

We expect the frequency of your transplant clinic visits to change during the outbreak and we will update you as the situation changes.

We will contact you if we need to change your appointment.

If you are asked to still come to clinic, you should come at your allocated appointment time, as you will not be allowed into the clinic area until then.

Please do not bring anyone with you to your appointment unless absolutely needed (e.g. translation).

We recommend you self-monitor your health at home (e.g. BP, weight, blood sugars) if you can to prevent these needing to be repeated in the clinic.

Please have four weeks supply of your anti-rejection drugs at all times.

CONTACTING THE CLINIC

Please do not contact the clinic for general advice about COVID-19 during this period as staff are very busy. Use the websites links above to for the latest advice and information.

For non-urgent requests (e.g. routine prescriptions or informing us of a patient initiated change of appointment), please e-mail imperial.transplantclinic@nhs.net. Please do not use it to enquire about medical concerns. These should be directed to NHS 111 (if related to COVID-19).

We'll update you with any further changes as the situation develops.

Yours sincerely,

The Renal Transplant Team